

## COSTA BLANCA MOUNTAINWALKERS - WALK DESCRIPTION

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<b>Walk description originally prepared by:-</b>	David Harbach, CBMW, Jan 2013	
<b>Last Updated</b>	Nov. 2014	
<b>Title of Walk</b>	Barranco d'Almadic valley circuit returning via Barranco del Bou	
<b>Location of Start</b>	Benigembla	
<b>Key Statistics for walk - Distance in km</b>	11 km	
<b>Key Statistics for walk - Ascent in m</b>	600	
<b>Key Statistics for walk - Walking time and total completion time including any stops</b>	3hrs4mins 4hrs30mins	
<b>Key Statistics for walk - Grade (using CBMW system)</b>	S/B	
<b>Grid reference of start point (if known)</b>	Lat:- 38.75405, Long: -0.111794	
<b>Directions to Start</b>	Follow the CV720 through Parcent to Benichembla. Park at the Restaurante/Bar Bon Aire on the RHS at the outskirts of the village towards Castell de Castells.	
<b>Short walk description</b>	Gentle ascent on good tracks and paths (a little awkward underfoot towards end of ascent), traverse back around the mountainside to join a Y/W marked track back to the village.	
<b>Full Walk Description</b>	<b>Elapsed Walking Time/Distance so far</b>	
From Restaurant/Bar Bon Aire proceed down main road towards Parcent. Go straight on over roundabout and turn R into a road signed Mirabo and marked R/W. (7mins, 0.60km)	7mins, 0.60km	
Continue up road (ignore road joining on RHS km 1.75), over a barranco (km 1.96) and turn sharp R just before the tarmac ends onto a track/path. (19mins, 1.53km)	26mins, 2,13km	
Proceed on with the barranco on your RHS, past Font on LHS (km 2.75) and up a path that zig zags up to a track and turn L. (5mins, 0.14km)	40mins, 2.90km	
After approx. 50m turn R onto another track. Proceed on this track (ignore track joining on RHS km 4.58), past a ruin on RHS (km 4.85) to a Font on the LHS. (37mins, 2.72km)	1hr17mins, 5.62k	
Continue up track for another 80m and go straight onto a path marked R/W where the track turns to the L. Continue up this path, across a gully (km 6.50) and traverse back on the other side of the valley towards Benigembla. Cross another gully and continue to join a Y/W marked path (42mins, 1.97km)	1hr59mins, 7.59k	

## **COSTA BLANCA MOUNTAINWALKERS - WALK DESCRIPTION**

This Y/W marked track will take you back to Benigembla.

Turn R onto this path, down along the ridge, swing L past some trees on your RHS and down to a ruin on your RHS (km 8.75). Proceed to a signpost and turn L (km9.04). Proceed on down to another signpost (58mins, 3.30km)

2hr57min,10.89k

Continue down for approx. 100m to a track which takes you back to the main road where you turn R and back to Bar Bon Aire (7mins, 0.51km)

3hr4mins, 11.4k

**Walk Recommendations or restrictions**

None



Route followed is outlined in red

