

## COSTA BLANCA MOUNTAIN WALKERS - WALK DESCRIPTION

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<b>Walk description originally prepared by:-</b>	Jon Lyons
<b>Last Updated</b>	12 <sup>th</sup> November 2015
<b>Title of Walk</b>	Col de Rates and Font d'Olbis
<b>Location of Start (include name of nearest village/town at start of description)</b>	Parcent Drive up the CV 715 uphill around zig-zags to arrive at the col de rates with its restaurant on the RHS. Turn up the drive to this, but park before reaching the restaurant car park.
<b>Key Statistics for walk - Distance in km</b>	14.5
<b>Key Statistics for walk - Ascent in m</b>	750
<b>Key Statistics for walk - Walking time and total completion time including any stops</b>	4.75hr 5.5hr
<b>Key Statistics for walk - Grade (using CBMW system)</b>	S/C
<b>Grid reference of start point (if known)</b>	Lat: 38.723973,Lon: -0.059682
<b>Directions to Start</b>	Drive up the CV 715 uphill around zig-zags to arrive at the col de rates with its restaurant on the RHS. Turn up the drive to this, but park before reaching the restaurant car park.
<b>Short walk description</b>	A walk along the Carrascal ridge before exploring the Font and other interesting features before an uphill finish.
<b>Full Walk Description</b>	<b>Elapsed Walking Time/Distance so far</b>
Climb up concrete road to masts on PR 158.	2.2km, 40min
follow path along ridge, cross first col, climb back onto ridge at a stony col.	2.58km, 1hr 20min
Turn left following animal tracks down hill and to the left. On a stony area aim for bancales which you can see on right. Go to the left of them and then almost at end cross over to right and continue to a cave.	3.56km, 1hr 50min
Retrace steps a little and climb up the L of the bancales on animal tracks to go up more bancales.	4km, 2hr 15min

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At col bear right of summit up more bancales near top, do not descend but at cairn turn left swinging round just below summit following a cairned path.	4.4km, 2hr 35min
Once round aim for bancales on opposite hill. Soon you will see a corral below. Aim for this.	5.17km, 2hr 50min
Stay to L of bancales and aim for a broad track below.	5.81km, 3hr 13min
At broad track the font is to right but we continue on PR 145 down past ruins. After two sharp bends turn left between two cairns continue down PR to the riverbed.	7.44km, 3hr 42min
After 10 meters in the barranco turn left up path marked with blue dots follow this, sometimes narrow sometimes broad sometimes concreted to CV 715. 12:02 7.44 km.	8.69km, 4hr 6min
Turn right then immediately left onto PR 146. At incinerator on right turn left onto an SL marked green and white at tarmac road.	9.71km, 4hr 20min
Turn left. Continue past font at Casas de Ibanez 14:41 9.71 kn.	10.05km, 4hr 33min
At junction where road goes up to CV715 turn right to reach Casa Clau.	10.7km, 4hr 37min
Turn left at a water deposito on to a dirt track 14.57 10.07 km.	
Turn left at cairn onto newly cleaned mozarabic path to Col de Rates. If in doubt take left, upper path do not use private drive to houses	
<b>Walk Recommendations or restrictions</b>	None

Route followed is outlined in Red

