

COSTA BLANCA MOUNTAINWALKERS - WALK DESCRIPTION

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Walk description originally prepared by:-	David Harbach, CBMW, May, 2015	
Last Updated	01/11/15	
Title of Walk	Benirrama to Forat and back via Alt de Xap	
Location of Start	Benirrama	
Key Statistics for walk - Distance in km	15.5	
Key Statistics for walk - Ascent in m	610	
Key Statistics for walk - Walking time and total completion time including any stops	4hrs14min 5.5hrs	
Key Statistics for walk - Grade (using CBMW system)	S/B	
Grid reference of start point (if known)	Lat:- 38.83043, Long:- -0.19669	
Directions to Start	Follow the CV700 from Pego and on up the Gallinera valley past Adsubia. Reach a turning on the L (CV170) to Benirrama which you take to the village. Bear R/ahead on the village street to a more open area with a large knoll on the LHS where there is parking. AVOID WEEKENDS AS PARKING IS LIMITED.	
Short walk description	From Benirrama we walk to Benissiva and from here up to the Forada ridge. We take a short detour to go to the Forat and then retrace our steps to walk along the Forada ridge, past a cave house. Then over the Alt de Xap and down a Mozarabic trail back to Benirrama. All on quiet roads, tracks and marked paths	
Full Walk Description		Elapsed Walking Time/Distance so far
Walk back out of the village the way you drove in and take the first L just after leaving the village. (3mins, 170m)		3mins, 170m
Continue on this road, past a large water tank (km1.09) and on to the main road. (31mins, 2.39km)		34mins, 2.56km
Cross this road and continue down the road opposite with a stout timber post on the corner signed Ruta Dels 8 Pobles. After 230m go L at fork up into Beniali. Go up some steps and turn R (km 2.86) past a church on your RHS and Fuente La Concepcion Beniali on your LHS and on to where the road turns sharp R. (6mins, 0.50km)		40mins, 3.06km
Go straight onto a country road here marked both G/W and Y/W. Continue into Benissiva, turn L at the church and continue to the main road. (9mins, 0.68km)		49mins, 3.74km

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<p>Cross this road, turn R and after 30m go L up a road with steps initially on the R side to the top. Turn R here then after 20m turn L (you're now in Benitaia) signed La Forada. (1min, 0.12km)</p>	50mins, 3.86km
<p>After 100m proceed straight on out of the village on a tarmac surfaced country road with a timber post on the corner signed La Forada. Continue up this road to where a concrete surfaced road joins on your RHS. (18mins, 1.24km)</p>	1hr8min, 5.10km
<p>Turn R here and up with the Forat (rock arch) soon visible above and ahead. Continue to its end where a Mozarabic starts on the left/straight on. (5mins, 0.31km)</p>	1hr13min,5.41km
<p>Take this path and up you go. Ignore the path that join on your RHS (km5.95) and another 10m further on and continue up to the top. (19mins, 0.97km)</p>	1hr32min,6.38km
<p>There is a timber post here with a path joining on the RHS signed "La Forada 0.7km". Turn R onto this path and proceed to where another path joins on your LHS. (7mins, 0.41km)</p>	1hr39min,6.79km
<p>Those who wish to go to the Forat continue straight on and follow the path there and back. (15mins, 0.71km). Those that don't sit, wait and be patient!</p>	1hr54min,7.50km
<p>Return back the way you came. Bear L at a fork (km7.82) and along to the ridge path. (7mins, 0.41km)</p>	2hr1min, 7.91km
<p>Turn R. Ignore the path that joins on your RHS (km8.05) and stay on the Y/W marked ridge path. Pass a cave house on your LHS (km8.19) and continue to where a path joins on your LHS. (33mins, 1.61km)</p>	2hr34min,9.52km
<p>Turn R and follow the cairned path to a ruin. (5mins, 0.19km) (Good spot for lunch)</p>	2hr39min,9.71km
<p>Pass this ruin and go immediately R onto a track that takes you past a timber cabin on your RHS to a road. (5mins, 0.28km)</p>	2hr44min,9.99km
<p>Turn L onto this road, ignore the road that joins on your RHS (km10.77), and press on round a sharp LH bend followed by a RH bend down to where a track joins on your RHS with a notice board signed "La Vall de Gallinera Mirador Del Xap" We take this track but first it's straight up to the Mirador for the splendid views of the valley below and back. (23mins, 1.61km)</p>	3hr7mins, 11.60k
<p>Proceed down the track, past a ruin on your LHS to the top. A path continues from here down to a road with a house on the corner. (18mins, 1.16km)</p>	3hr25min,12.76k
<p>Turn L onto this road and continue past a track that goes up to a house (km13.88) and 50m further on turn L onto a path. Proceed past a ruin on your LHS to a timber post. Turn R here and down you go on a Mozarabic trail to a track. (39mins, 2.35km)</p>	4hr4min,15.11km
<p>Turn L down this track to it's end where a path joins on your LHS. (3mins, 0.18km)</p>	4hr7min,15.29km
<p>Take this path down to a track (km15.48) turn R and proceed down to Benirrama and the cars (7mins, 0.41km)</p>	4hr14min,15.70k
Walk Recommendations or restrictions	AVOID WEEKENDS AS PARKING IS LIMITED.

Route followed is outlined in Red

