

COSTA BLANCA MOUNTAIN WALKERS - WALK DESCRIPTION

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Walk description originally prepared by:-	Ralph Phipps	
Last Updated	23 rd September 2016	
Title of Walk	GR11 – Day 25 - Refugio Conangles to Refugio Restanca	
Location of Start (include name of nearest village/town at start of description)	Vielha Parking area S of the tunnel near the Refugio de Conangles.	
Key Statistics for walk - Distance in km	12	
Key Statistics for walk - Ascent in m	1050	
Key Statistics for walk - Walking time and total completion time including any stops	4hr 5.5hr	
Key Statistics for walk - Grade (using CBMW system)	VS/B	
Grid reference of start point (if known)	Lat: 42.615791, Long: 0.765868	
Directions to Start	Follow the N230 S from the town of Vielha and drive through the tunnel. A little way down on the LHS is a large parking area and signs to the Refugio de Conangles. Start here	
Short walk description	A walk among the high mountains and lakes of the Pyrenees. Short steep ascent near the end.	
Full Walk Description	Elapsed Walking Time/Distance so far	
Cross the bridge to the Refugio de Conangles and walk up on the RHS of it and find a finger-post at the top LH corner of the building.		
Follow this path up to a track and turn L.		320m, 4min
Reach an open area and at a finger-post turn R uphill. At the next finger-post R again.		1.3km, 16min
As you enter the trees still climbing you can drift a little uphill (away from the true line of the path) to join a track which you follow ahead. (The path will soon arrive on it)		
Follow the track to just before a bridge and here turn L up a footpath.		2.4km, 29min
A little way up here exit the scattered woodland to turn L zig-zagging across the flank of the mountain with the crest above you on the R.		3.6km, 44min

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When you reach a level section where a thin path continues ahead look out for the R/W markers showing that you double back to the R uphill in zig-zags.

4.3km, 52min

Continue until you reach the col (Port de Rius) and then pass a small pond on your RHS before reaching a second much bigger lake which you follow to the end where there is a finger-post. Continue ahead. (The R turn path would also lead to your destination but is a much tougher option!)

6.8km, 1hr 22min

Drop down steeply to soon see a better defined path dropping from the R to join you and continue ahead on this partially paved path.

approx. 8.6km,
1hr 44min

On a level section ignore the most rapidly descending fork and continue ahead, soon to start descending yourself.

Soon you are in amongst boulders and drop to cross a barranco and then climb steeply up under pylons to cross a spur from where the Refuge is visible below.

Walk Recommendations or restrictions

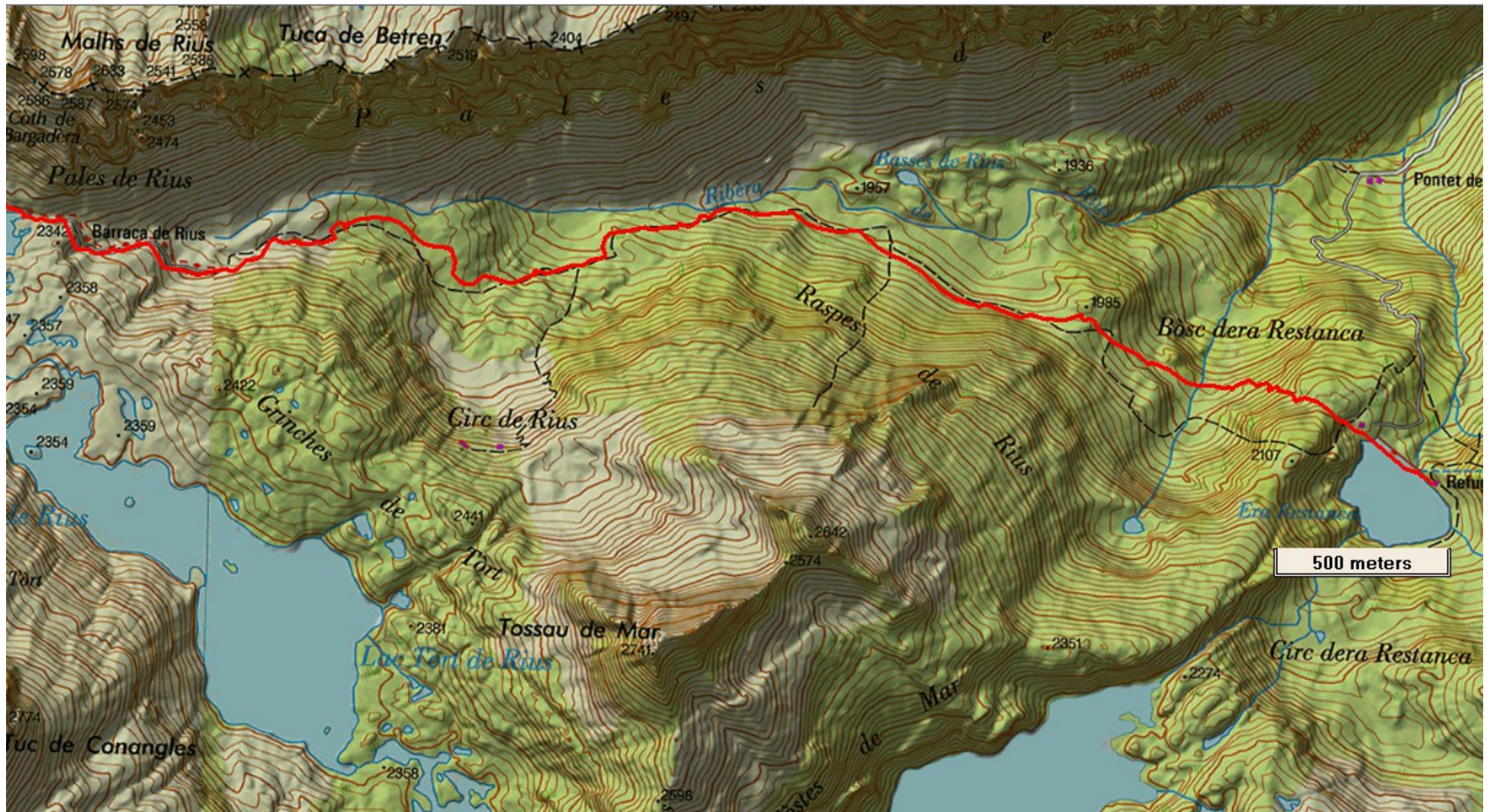
Tough mountain day.

Route followed is outlined in Red – part 1



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Route followed is outlined in Red – part 2



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