

## COSTA BLANCA MOUNTAIN WALKERS - WALK DESCRIPTION

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<b>Walk description originally prepared by:-</b>	Ralph Phipps
<b>Last Updated</b>	23 <sup>rd</sup> September 2016
<b>Title of Walk</b>	GR11 – Day 26 - Refugio Restanca to Refugio Colomers
<b>Location of Start (include name of nearest village/town at start of description)</b>	Arties In the Vall d'Aran to the E of Vielha.
<b>Key Statistics for walk - Distance in km</b>	10.5
<b>Key Statistics for walk - Ascent in m</b>	1260
<b>Key Statistics for walk - Walking time and total completion time including any stops</b>	4.5hr 7hr
<b>Key Statistics for walk - Grade (using CBMW system)</b>	VS/B
<b>Grid reference of start point (if known)</b>	Lat: 42.634711, Long: 0.854662
<b>Directions to Start</b>	From Arties it is possible to get a "mountain taxi" to take you some way up the mountain towards Refugio Restanca where you would need to stay overnight before starting this walk.
<b>Short walk description</b>	A high level traverse through wonderful mountain scenery including a visit to the summit of Montardo.
<b>Full Walk Description</b>	<b>Elapsed Walking Time/Distance so far</b>
<u>Note – finger-post times are shown as a matter of record to indicate where you are – not to advise on achievable times!!</u>	
From the Refugio main door walk directly uphill on the L'most path with a few steps to begin with. (R/W signs for GR11-18) Follow the R/W markers to soon curl up to the L beside a stream on the RHS.	
Reach a small crest where you walk along the dam of a lake and then along its LHS. (Lac deth Cap deth Port)	950m, 12min
Crest a rocky col (Coret d'Oelhacrestada).....	2.5km, 30min
and drop L (ignore path to R) with posts and yellow marks to reach a finger-post showing R to Ventosa. Continue ahead towards Colomers.	

**Remember that you use these walk guides at your own risk. Take precautions and if unsure – turn back!**

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<p>A few metres further there is a second finger-post indicating the summit of Montardo L. (1hr 15min to the summit! 45 min descent)</p>	<p>2.7km, 33min</p>
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If you attempt this route it will take you to the summit at 2833m and you must return to the finger-post.

Now continue ahead to a second col.....

3.3km, 40min

and drop steeply past a lake and up the other side to a 3<sup>rd</sup> col – the Port de Caldes.

4.6km, 56min

Descend steeply soon swinging slightly L with a clear path ahead.

Descend to reach a stream and follow this down (mainly on the LHS) with intermittent R/W markers to reach a finger-post. In front of you is a dam with the old refuge perched on a rocky promontory. Turn R and reach the new refuge in 5 mins.

**Walk Recommendations or restrictions**

None

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**Route followed is outlined in Red**



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