

COSTA BLANCA MOUNTAIN WALKERS - WALK DESCRIPTION

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| Walk description originally prepared by:- | Ralph Phipps |
| Last Updated | 26/09/16 |
| Title of Walk | GR11 – Day 29 - La Guingueta to Estaon |
| Location of Start (include name of nearest village/town at start of description) | La Guingueta d'Aneu Large car-park on the S outskirts of the village. |
| Key Statistics for walk - Distance in km | 11 |
| Key Statistics for walk - Ascent in m | 1300 |
| Key Statistics for walk - Walking time and total completion time including any stops | 4hr 5.75hr |
| Key Statistics for walk - Grade (using CBMW system) | VS/B |
| Grid reference of start point (if known) | Lat: 42.594809, Long: 1.131757 |
| Directions to Start | From the N260 across the S of the Pyrenees at the town of Sort turn N on the C13 and follow this all the way to La Guingeuta. |
| Short walk description | A challenging walk between villages with much tree cover. Second half perhaps more interesting. A tough walk across a big ridge with improving views during the day both back and forward. |
| Full Walk Description | Elapsed Walking Time/Distance so far |
| <p style="color: red;"><u>Note – finger-post times are shown as a matter of record to indicate where you are – not to advise on achievable times!!</u></p> <p>Opposite the large parking area on the main road walk down a lane signed to Berros Jussa and Dorve.</p> <p>Follow this along the far side of the lake and then fork L uphill on tarmac.</p> <p>After several hundred metres fork L on a steep footpath with finger-post initially steeply on steps.</p> <p>Cross the road twice and twice pass close by it (on your RHS) ignoring side paths into fields.</p> <p>Reach the road on the outskirts of the village and ascend directly ahead steeply uphill to</p> | 350m, 4min |

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| <p>a concrete lane and arrive at a small plaza with a large trough (and water!)</p> <p>Turn L before this and then R towards the church. Keep this on your LHS to walk around 2 sides of it and then 20/30m uphill to meet a junction where you turn L (with finger-post – Estaon 4hr 15min).</p> <p>Follow this debris filled lane until you leave the trees and then move a few m. L to gain a rocky spur which you walk up.</p> <p>Soon the path is bordered by a wall on your RHS as you move steeply uphill. Pass a finger-post and continue ahead on this cobbled path.</p> <p>As the cobbles end care is needed to hunt out the R/W markers and after a level stretch moving L towards the crest of the ridge you reach a delightful level pasture suitable for camping where you must double back R away from the crest but still uphill, soon passing more R/W markers.</p> | 2.3km, 28min |
| <p>Walk level through trees past 2 small springs. Once clear of the trees starts climbing more steeply again. Zig-zag up to re-join remnants of the cobbled path to move L and finally crest the ridge and walk level into the trees.</p> <p>The slope is now easier as you continue up but once you have crossed a pasture area and re-joined the forest the slope steepens again.</p> | 4km, 48min |
| <p>Finally reach the ridge with views ahead, but disappointingly turn L and keep uphill on the ridge.</p> <p>After a few minutes start to move around to the R flank and then drop abruptly down L across the ridge to descend.</p> <p>Alarmingly the slope steepens still further as you reach open pasture and remains that way through mixed woodland until a small patch of scree after which it eases.</p> <p>Pass a finger-post at the bottom of a large pasture.</p> <p>At the next finger-post swing slightly R towards Estaon (1hr 25 mins)</p> <p>Once on a broom covered slope the path is extremely steep again and very vague. Search out the correct line. Disused telegraph poles (actually for power) provide a clue. Our final destination is not in sight being 2 valleys further to the R, but you can see other distracting paths below you!</p> | 5.9km, 1hr 12min |
| <p>Finally reach a finger-post pointing L and R where we turn R (Estaon 40mins)</p> <p>This improving path passes a stream (first water since Dorve!) and then below L of a building (Borda de Palau) with a trough and running water on the track.</p> <p>At the next finger-post continue ahead (Estaon 20 mins) on this cobbled path and finally swing around a spur to see the village below you.</p> <p>Walk down into the village to pass the refugio on your LHS.</p> | 9.2km, 1hr 50min |
| <p>Walk Recommendations or restrictions</p> | None |

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Route followed is outlined in Red



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