

COSTA BLANCA MOUNTAIN WALKERS - WALK DESCRIPTION

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Walk description originally prepared by:-	Ralph Phipps
Last Updated	22 nd November 2016
Title of Walk	GR11 – Day 33 - Refugio Comapedrosa to La Cotinada
Location of Start (include name of nearest village/town at start of description)	Refugio Comapedrosa. A remote refuge high above the village of Arans in Andorra.
Key Statistics for walk - Distance in km	12
Key Statistics for walk - Ascent in m	730
Key Statistics for walk - Walking time and total completion time including any stops	3.5hr 5hr
Key Statistics for walk - Grade (using CBMW system)	S/B
Grid reference of start point (if known)	Lat: 42.578952, Long: 1.449181
Directions to Start	Remote location only accessible on foot. Nearest access point is the village of Arinsal – some 4km away.
Short walk description	A descent from a remote Pyrenean village to the fleshpots of Andorra before crossing a ridge to a quieter and more picturesque Andorran village.
Full Walk Description	Elapsed Walking Time/Distance so far
<p style="color: red;"><u>Note – finger-post times are shown as a matter of record to indicate where you are – not to advise on achievable times!!</u></p> <p>Facing out through the door of the refuge turn R and then double back to the R down hill on a footpath.</p> <p>At a finger-post turn R to continue steeply down and across a stream.</p> <p>Follow the footpath down beside the stream with occasional respite from the steepness and cross a bridge followed rapidly by a second.</p> <p>Work uphill briefly to join a track and sign for Estany de Truites (trout!) and descend this.</p> <p>Pass a water deposito with a footpath off to the R which we ignore and then a further footpath on the R towards the Circuito Interpretiva – also ignored.</p>	<p>430m, 8min</p> <p>2.3km, 42min</p>

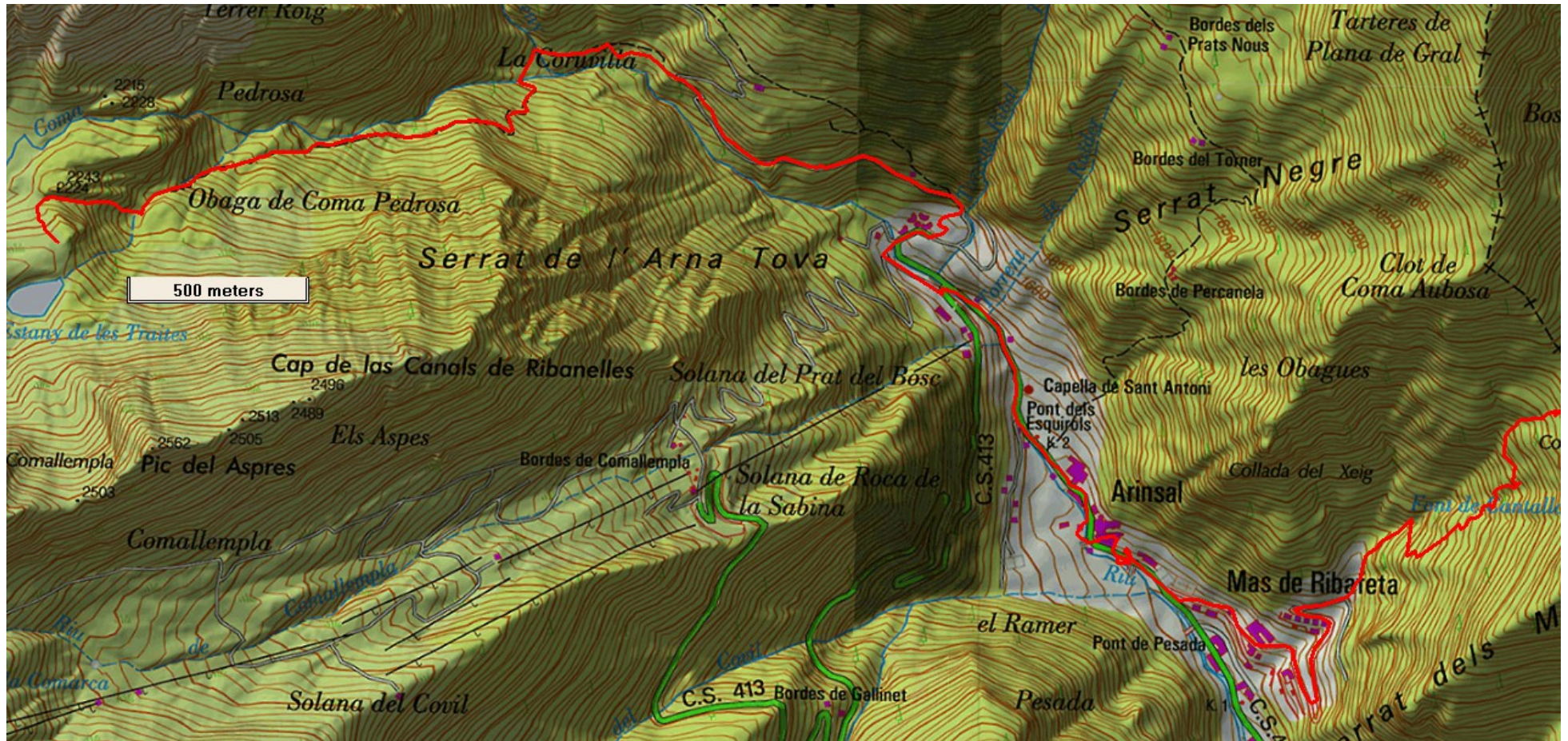
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<p>Finally pass a footpath sign on the L – Corriol – an continue ahead to turn R on a track parallel to the avalanche dam.</p>	
<p>At the bottom of the hill walk ahead on tarmac and turn L through a tunnel. (with lights)</p>	3.6km, 59min
<p>At the exit to this keep L and downhill for some time until you pass the supermarket SanMoritz a little set back on the RHS and shortly after this a bollarded roundabout where we turn L uphill.</p>	5.2km, 1hr 19min
<p>Ignore all side turnings and zig-zag up this road to reach a sign showing KM1.1 and here turn L onto a wide footpath with waymarks.</p>	6.2km, 1hr 42min
<p>This narrows at the first zig and then continues steeply uphill to finally crest the Coll de les Cases.</p>	7.6km, 2hr 24min
<p>Go straight over this and down the other side still through forestry. (Signed – Arans)</p>	
<p>After some time arrive at a small rocky bluff with views to La Cotinada and here turn L downhill.</p>	
<p>Cross a rocky barranco and at a fork keep R downhill.</p>	
<p>Above a steep descent within earshot of running water it is easiest to zig R and then L to cross the watercourse and then climb for 100m or so before reaching a fork on a level section where we keep R now gently down towards Arans.</p>	
<p>Just before a mast join a descending track and turn R onto tarmac.</p>	
<p>Bend back L and then at the next R bend go down a cobbled lane to reach the main road at the bottom.</p>	
<p>Cross this and walk ahead to cross a bridge and then turn R on a wide footpath rising a few metres.</p>	
<p>Follow this path down beside the river and pass a mill race and mill and just after this turn R to cross a bridge and then turn L on the main road into La Cotinada. (the village below Arans)</p>	
<p>Walk Recommendations or restrictions</p>	None

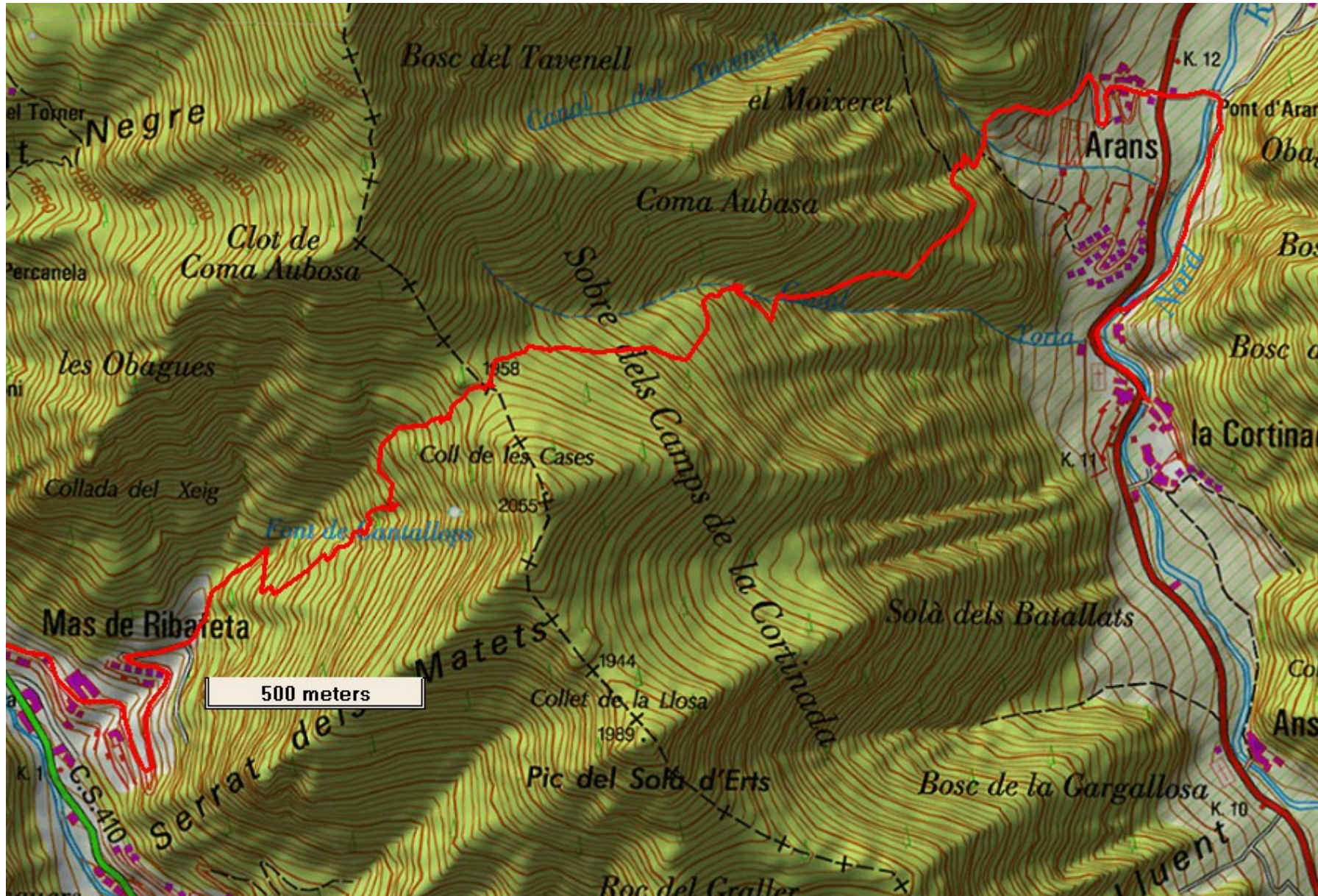
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Route followed is outlined in Red – Part 1



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Route followed is outlined in Red – Part 2



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