Visit www.walksinspain.org for	or more walks descriptions in Spa	ain			
Walk description originally prepared by:-	Jon Lyons and Ralph Phipps, 25 th November 2015				
Last Updated	25 th November 2015				
Title of Walk	Benicadell summit from Gaianes				
Location of Start (include name of nearest village/town at start of description)	Gaianes, Ermita de San Francisco de Paula to the N uphill awa from the town.				
Key Statistics for walk - Distance in km	7.5				
Key Statistics for walk - Ascent in m	780				
Key Statistics for walk - Walking time and total completion time including any stops	3.5hr 4.5hr				
Key Statistics for walk - Grade (using CBMW system)	S/C/Scr				
Grid reference of start point (if known)	Lat:- 38.819150, Long -0.4	11038			
Directions to Start	The small village of Gaianes is reach either by following the CV700 from the coast of the Costa Blanca inland for some 50km (about 1.25hr) or by taking the A7 motorway inland from Alicante until yo can exit onto the CV700 and follow this for a few kilometers to the E to reach the village. The Ermita is up a small lane to the N of the village.				
Short walk description	A magnificent ridge in the heart of the Alcoy valley with a trick y scramble.				
Full Walk Description		Elapsed Walking Time/Distance so far			
Continue up (now dirt) track past covered reservoi	:				
At signpost to Benicadell 16 min 1.18km turn left u	p narrow path PR184				
When you reach the ridge turn right sign-posted to Benicadell.		1.7km, 1hr 3min			
Reach a dramatic Nevera		2.07km, 1hr 12min			
Reach a well.		3km, 1hr 34min			
Climb up to summit with a slight scramble near the top.		3.12km, 1hr			

COSTA BLANCA MOUNTAIN WALKERS - WALK DESCRIPTION					
Now return to well.	40min 3.24km, 1hr 12min				
Go down a path with summit and cliffs on left.					
At a col climb down scree.	3.6km, 2hr				
After climbing down a rock at a cairn aim for niche un	3.89km, 2hr 22min.				
Go through a gap in the rocks and scramble round the	2hr 35min				
Once on southern side aim down hill and to right.		4.1km, 2hr 38min			
At a silver hollyoak continue on this level on a terrace	4.23km, 2hr 42min				
Two pine trees. Continue until you see a large rock and ruin and aim for this going down bancales when able.		4.54km, 3hr 10 min			
Reach a ruin.	k and loads back to save	4.76km, 3hr 30min			
Follow a narrow path that soon becomes a broad track and leads back to cars. Walk Recommendations or restrictions None					
Train (Cooming of Councillis	TOTIC				

See	map	below	 	٠.			

