

COSTA BLANCA MOUNTAIN WALKERS - WALK DESCRIPTION

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Walk description originally prepared by:-	Ralph Phipps, 31 st December 2013	
Last Updated	8 th March 2016	
Title of Walk	Resingles ridge of Mediodia	
Location of Start (include name of nearest village/town at start of description)	Tormos Public pool car park (piscina) near the Costera del Moll	
Key Statistics for walk - Distance in km	11.5	
Key Statistics for walk - Ascent in m	900	
Key Statistics for walk - Walking time and total completion time including any stops	4hr 5.5hr	
Key Statistics for walk - Grade (using CBMW system)	VS/C/X/Scr	
Grid reference of start point (if known)	Lat:- 38.79916, Long -0.07652	
Directions to Start	Coming from the south (Orba) on the CV715 at the outskirts of the village turn L (signposted to Costera del Moll) into Calle Pozo. Take the next L (Carrer Val de Llaguart) and then take the 2 nd turn on the RHS just after the bins. Drive to the end opposite a plaza and turn L into Avinguda Joan Carles I. Drive a few hundred metres along this and park in the large car park on the LHS opposite the public piscina.	
Short walk description	A classic and demanding mountain scramble not for the faint hearted. Mediodia rock ridge and summit. After an initial walk in the main part of the day consists of a long and sustained easy scramble up a ridge with two more difficult short "pitches". Once clear of this we scramble up to a second peak and then return to a col before descending on rough hunter's tracks and mozarabic paths towards Sagra and then cross country back to Tormos.	
Full Walk Description		Elapsed Walking Time/Distance so far
Walk back towards the town and take the first turn on the LHS – Fontilles - and march smartly up a steep hill and bend R on Carrer Calvari.		
Reach an open area on the LHS between the cemetery and the white stations of the cross with a finger post - PR/CV 58 Ebo-Pego Figuereta - to a footpath going off L at 90 degrees with some Y/W markers still visible.		500m, 8min

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<p>Follow these uphill past a fingerpost with no sign and through some heavily eroded areas to reach a short straight almost level area with signs of a junction at the end. Turn R and almost immediately take care to fork L on the true path ignoring a more level path on a terrace.</p>	
<p>Reach a junction on the L indicated with a small cairn with green paint circle and follow this path.</p>	1.4km, 28min
<p>This crosses rocky ground trending steadily upwards to emerge on a small plateau beside a large ruin.</p>	
<p>Keep R of the ruin and head directly up for the ridge line which soon presents you with scrambling challenges. There is a ramp going up slightly L to aid your start but once on the ridge proper there is no avoiding the most challenging aspects of it. If you like scrambling it will be a delight – if not.....</p>	
<p>At the foot of a very steep wall work around to the L for 20m to find an easier ramp going steeply up past a small tree to regain the main ridge and then soon after this there is a large "step" across an intimidating 1m gap that can be avoided by descending L before it and then scrambling up the far side of the gap.</p>	
<p>After this the difficulties ease and you continue across easier ground to reach the summit.</p>	2.5km, 53min
<p>To descend this follow the ridge line down and then slightly L to access a ramp leading down to the R and then onwards across rocky ground to a col.</p>	
<p>The next summit is accessed by more rock hopping directly up the ridge if you favour this or if not then an easier line is accessed by crossing to the RHS of the ridge and finding easier grassy ramps leading upwards. These run out near the top when it is best to stick close to the main ridge line and reach the trig point on top.</p>	3.3km, 1hr 14min
<p>To descend continue ahead being careful not to err too far to the R until you reach a steep drop off when it is best to work out R along a shallow gully (with cairns) to find an easier drop off point leading back to the next col.</p>	3.6km, 1hr 23min
<p>Now look for the footpath which avoids the next small summit and from there you have a similar choice to the last summit. Either you can go direct up the ridge line, or else take a more easily walked line off to the RHS.</p>	
<p>Either way you will be re-united after the next top where the ridge line crosses level ground slightly R and joins the clearer footpath coming up from the R.</p>	4.5km, 1hr 42min
<p>Now this trends around to the L as you look down on the L into a broad and steep barranco (which can also be ascended from Tormos) and a few metres further on you cross R onto a small plateau.</p>	
<p>Here the path lines are mysterious! Off to your L you can see a summit (actually the highest on the ridge) and your objective is to pass to the R of this across a small col and then down a shallow barranco. To reach this you must start heading R on the plateau to reach a path L which you take through undergrowth to thread through the col and then descend on the RHS of the shallow barranco. Stick with it. Trying to go off L too soon to join the middle of the barranco will be very scratchy, but soon the vegetation eases and you can find your way across to the middle and a much clearer path.</p>	
<p>Follow this down slightly rightwards to reach another level area where you again have myriad choices. The objective is to work slightly L of an obvious ridge line in front of</p>	

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<p>you and find that you rise slightly to appear out of the vegetation onto a middle ridge that had been invisible.</p> <p>The walk down this is a delight with glorious scenery and the gap below you to the L provides a glorious focal point – particularly as we will be passing through it!</p> <p>As the ridge down steepens work slightly to the R to find a rocky ramp leading down across the ridge line to the L and then on easier ground still down.</p>	5km, 1hr 51min
<p>This becomes clearer as you descend and you can see a ruined finca across a barranco to your R which is your next objective.</p> <p>To reach it look out for a path which you meet and which doubles back to the R – but level – to cross a barranco and then lead out slightly uphill to the R of the finca.</p> <p>Immediately past it drop L a little and cross a rocky barranco ahead of you and keep downhill a little on the far side to find a thin path leading through overgrown bushes out onto terraces.</p> <p>Now work along and down these aiming all the time for a damp corner slightly below and to the L.</p>	5.4km, 2hr
<p>Ideally you should emerge at the same level in front of this (there are several hunters paths to choose from) and then there will be a path walking out level on the terrace towards the rocky gap you saw earlier.</p>	5.7km, 2hr 6min
<p>Once you reach this there is a clear path going through the gap and then dropping a little to reach a small landslide area. Cross this and drop down lower on the other side to find the continuation of the path.</p>	6.2km, 2hr 15min
<p>This works along the slope always below crags on your L and drops down occasionally steeply to ridge a small ridge.</p> <p>Just before this you must keep up to find the best path through palms and then out across a few rocks to reach an indistinct engineered path going L.</p>	6.3km, 2hr 18min
<p>This drops in zig-zags that are easy to see at the beginning but when you reach a corner (as you work L across the slope) with cairn and red paint marks you must drop down into the gully zig-zagging down more steeply than before.</p>	6.6km, 2hr 26min
<p>Nevertheless this leads leftwards and into some trees before emerging on a scree slope that you continue dropping down to reach a small group of pines.</p> <p>By keeping near the top of these you emerge on a brief stretch of clear path onto a spur where you turn abruptly L to continue along the clear path dropping to the R into more trees.</p> <p>Below you is a small level plateau with a rocky knoll in front of you and you must turn L away from this and into more trees to descend on intermittent lines downwards to reach a barranco in front of you where the path swings L and into a wet corner.</p>	7km, 2hr 34min
<p>In fact there is a font here with trough and after passing around this and to the R of a ruin the awful truth of an ascent up a rocky ramp awaits you.</p>	7.3km, 2hr 42min
<p>Near the top of this as the path has become clear look out for a large cairn where the</p>	

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path drops off the rock R and into some trees.

Now keep ahead and drop a little before rising up a few metres to find an almost imperceptible fork where you turn R (you may not see the L turn).

7.8km, 2hr 52min

Follow this as it descends across rough ground and soon you can see below you on the RHS a ruin which you are aiming for.

7.9km, 2hr 56min

The path drops to the ridge above the ruin, joins a Y/W footpath and you turn R to the ruin.

Pass to the R of it and continue down the Y/W to reach a small group of pines where the path drops over the spur and turns fairly quickly L.

8.6km, 3hr 12min

After a few minutes of dropping downhill in zig-zags your next objective – another ruin – can be seen below you in clearing on a spur!

8.7km, 3hr 14min

Now your troubles are over!

9.3km, 3hr 23min

Pass the ruin and walk down a track and turn L at a junction.

Drop into a level valley and walk straight ahead to find a footpath continuing down the valley eventually crossing to the RHS and on a terrace to reach a track where you turn L.

Continue down this to reach a road where you turn L.

Now you can relax and continue on this road until you drop down to cross a barranco and up the other side.

Now when you pass the first building on the RHS, turn L onto an open rocky orchard and walk up this to cross a pipeline.

Continue ahead and slightly L to find a ramp track leading up to the L of the car park.

Spanish maps included within these descriptions are provided courtesy of the Spanish IGN and remain © Instituto Geográfico Nacional

Walk Recommendations or restrictions

Challenging scramble followed by plenty of open mountain top walking, before an easier return. Scenery is stunning, but the day is not for the feint hearted!

Route followed is outlined in Red

